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For the Inclusion of Differently - Abled

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ARVI

Jul - Sep **QUARTERLY NEWSLETTER** **2026**

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BEATS OF ARVI

"Sometimes, the greatest achievement is not changing lives overnight, but making someone feel they have always belonged."

—a place where people quietly belonged.



Education & Awareness Programmes



Caregiver Training Programme

A caregiver training programme was organised at Pachaiperumalpatty Village in Uppiliyapuram Block to strengthen family-based care and support for persons with disabilities. The session was facilitated by Viji N., Special Educator (Cognition), with the support of Nalini, Community Facilitator (CF). The programme highlighted the vital role of caregivers in promoting independence, supporting daily living activities, ensuring health and well-being, and encouraging learning and development. It also emphasised the importance of family participation and collaboration with community rehabilitation professionals in improving the quality of life of children and adults with disabilities.



Teachers' Day Awareness Programme – Pudukkottai

A Teachers' Day Awareness Programme was conducted on 3 September 2026 at the Visual Impairment Special School, Pudukkottai Urban Block, with the active participation of the Headmaster, teachers, CF-1, Community Rehabilitation Workers (CRWs), Special Educators for Intellectual Disability (ID) and Hearing Impairment (HI), and the Case Worker. The programme highlighted the significant role of teachers in shaping students' knowledge, character, confidence, values and aspirations. It also emphasised the importance of recognising and appreciating teachers for their dedication, guidance and continued contribution to the educational and personal development of children, particularly those with disabilities.



Creative Arts & Skill Development | Art & Craft Training Programme – Theni

An Art and Craft Training Programme was conducted on 25 September 2026 for the students of ARVI Trust Special School, Theni, under the leadership of Dr. Lakshmi Priya, President, Rotary Club of Theni Stars. The students participated enthusiastically in hands-on creative activities, exploring different craft techniques and creating handmade products independently. The programme provided a valuable platform for children to express their creativity, develop fine motor skills, enhance concentration and build self-confidence through artistic expression. Their active participation and excitement made the session a joyful learning experience, highlighting the importance of creative activities in holistic development and inclusive education.



Health & Nutrition Awareness | National Deworming Day – Pudukkottai Urban
An awareness programme marking National Deworming Day was conducted on 10 August 2026 at the Special School, Pudukkottai Urban, to promote children's health and hygiene. The programme brought together the Headmaster, teachers, Block Coordinator, Community Rehabilitation Workers (CRWs), Physiotherapist, Special Educator and Hearing Impairment (HI) Special Educator. Children were sensitised to the importance of regular deworming, proper handwashing, safe food and drinking water, toilet usage, environmental cleanliness and wearing footwear to prevent worm infections. Swathi, Physiotherapist, and Sasikala, Special Educator, shared essential health messages and explained the deworming tablet guidelines and instructions. The initiative reinforced the importance of preventive healthcare and healthy hygiene practices in ensuring children's well-being and healthy development.

Cultural Celebrations

Joint Celebrations with Rotary Club of Theni Stars – Theni



ARVI Trust, in collaboration with the Rotary Club of Theni Stars, celebrated Teachers' Day, Vinayagar Chaturthi and Krishna Jayanthi with great enthusiasm, bringing together children, teachers and community partners in a spirit of joy and togetherness. The occasion was graced by Rtn. Dr. R. Laxmipriya, Rtn. D. Kowsalya and Rtn. K. B. Bhuvaneshwari, whose presence added significance to the celebrations. As part of the programme, sports uniforms were distributed to the children to encourage their participation in sports, physical activities and recreational development. The celebrations created a memorable experience for the children and staff, while strengthening the partnership between ARVI Trust and the Rotary Club of Theni Stars



80th Independence Day – Dindigul

ARVI Special School, Dindigul, celebrated the 80th Independence Day with patriotic spirit, embracing the values of freedom, equality and inclusion. Organised under the Special Abilities



80th Independence Day – Theni

ARVI Trust's Special School, Theni, celebrated the 80th Independence Day on 15 August 2026, in collaboration with the Rotary Club of Theni Stars (RID 3000), with 38 students and their parents participating.

Students showcased their talents through cultural performances. Rotary members conducted parent awareness

Initiative, the celebration highlighted the importance of equal opportunities, barrier-free environments and universal accessibility for persons with disabilities. The occasion reinforced ARVI Trust's commitment to fostering an inclusive society where every individual, regardless of ability, has the freedom to participate, contribute and thrive.

sessions on regular schooling, continuous therapy, hygiene and health. The Rotary team also honoured dedicated staff members of ARVI Trust's Theni Urban and Kadalamaikundu Rural Centres, recognising their commitment to the empowerment of persons with disabilities.

Onam Festival – Theni



ARVI Trust Special School, Theni, celebrated Onam with vibrant colours, traditional festivities and cheerful participation from children and teachers. The celebration brought the ARVI family together to embrace the rich cultural heritage of Kerala while promoting friendship, togetherness and cultural diversity. The children and teachers shared joyful moments in a festive atmosphere, making the occasion a memorable experience filled with happiness and belonging. The celebration reflected ARVI Trust's commitment to creating an inclusive environment where every child is encouraged to participate, express themselves and experience the joy of shared traditions.

ARVI Trust Special School, Dindigul, celebrated *Divine Day* with devotion and enthusiasm, marking the auspicious occasions of Vinayagar Chathurthi and Krishna Jayanthi. Adding charm to the celebration, Devadarshan portrayed Lord Krishna, while Karthik dressed as Lord Vinayagar, bringing festive joy and colour to the occasion. The event reflected the spirit of inclusion, participation and cultural learning, creating memorable moments for the children and teachers.

Divine Onam Day – Dindigul



Government Meetings & Project Activities



District-Level Meeting on the Welfare of Persons with Disabilities – Tiruchirappalli

A district-level review meeting on the welfare and empowerment of Persons with Disabilities (PwDs) was convened at the Tiruchirappalli District Collectorate under the leadership of the Hon'ble District Collector. During the meeting, the District Differently Abled Welfare Officer presented updates on the implementation and progress of various government welfare schemes. Officials from multiple line departments, representatives of PwD associations, persons with disabilities, NGOs and CSP ARVI Trust participated in the deliberations. Key discussions focused on organising Aadhaar enrolment camps in all ID Homes, providing ramps wherever requested by persons with disabilities, extending High Support Needs assistance to families with two or more persons with disabilities, facilitating doorstep delivery of essential ration supplies to visually impaired persons under the Thayumanavar Scheme, introducing a token-based system to manage crowds during medical certificate camps at medical colleges, and establishing an additional accessible toilet at the District Differently Abled Welfare Office. The meeting served as an important platform to identify service delivery gaps, address accessibility challenges and strengthen interdepartmental coordination.



Project Monitoring & Quality Improvement | TN RIGHTS Review Visit – Pudukkottai

A district-level review visit was conducted in Pudukkottai under the TN RIGHTS Project by Mr. Robert Richord, representing the State Office of TN RIGHTS, to assess project implementation and strengthen the quality of community-based rehabilitation services. The review focused on staff performance, field-level challenges, capacity-building and training requirements, effective utilisation of One Stop Service Centres, and the implementation and usage of the SPDS application. During the visit, Mr. Robert Richord shared practical guidance and recommendations to improve service delivery, strengthen field operations and enhance the overall effectiveness of the project team. The review was attended by Mr. Surya Prabhu, District Differently Abled Welfare Officer (DDAWO), Pudukkottai, and Mr. Senthil, TN RIGHTS Nodal Officer. The visit provided a valuable opportunity to assess progress, identify areas for improvement and reinforce coordination between state and district-level teams.



ALIMCO Samajik Adhikarita Shivir – Thirukovilur, Kallakurichi

An ALIMCO Samajik Adhikarita Shivir (Social Empowerment Camp) was organised on 9 September 2026 at the Block Development Office, Sandapet, Thirukovilur, under the Government of India's Ministry of Social Justice and Empowerment. The camp aimed to identify eligible persons with disabilities and senior citizens for the provision of free assistive devices under the ADIP Scheme and Rashtriya Vayoshri Yojana (RVY). The ALIMCO team conducted physical assessments, measurements and beneficiary identification for various assistive devices, including artificial limbs, wheelchairs, walkers, crutches, hearing aids, cerebral palsy chairs and orthotic supports, based on individual needs and eligibility. The camp was attended by Thiru S. Pazhanisamy, MLA, Thirukovilur, who interacted with beneficiaries. Thiru Kannan, JRO, and Thiru Prabakaran, Occupational Therapist, extended valuable technical and organisational support. TN-RIGHTS CSP staff from Thirukovilur Urban and Rural Blocks played a significant role in community mobilisation, documentation, beneficiary guidance and coordination. Individuals who did not meet ALIMCO eligibility criteria were also guided towards alternative welfare schemes through the District Differently Abled Welfare Office (DDAWO), ensuring that eligible beneficiaries could explore appropriate avenues of support.



Grievance Redressal & Rights Facilitation | Special Grievance Camp – Thirukovilur, Kallakurichi

A Special Grievance Redressal Camp for Persons with Disabilities was organised on 3 September 2026 at the Revenue Divisional Officer's Office, Sandapet, Thirukovilur, following the directions of the District Collector, Kallakurichi, and the RDO, Thirukovilur. The camp aimed to address long-pending grievances through a single-window mechanism, ensuring easier access to government welfare services. The programme was presided over by Thiru Anthony Raj, District Differently Abled Welfare Officer, along with Thiru Kannan, Junior Rehabilitation Officer, and Thiru Prabakaran, Occupational Therapist, from the DDAWO office. ARVI Trust–TN-RIGHTS staff from Thirukovilur Urban Block played a significant role in mobilising beneficiaries from villages and panchayats, assisting with applications and document verification, and collecting, registering and categorising 156 petitions. The major concerns raised included UDID cards, maintenance allowances, assistive devices, livelihood opportunities, bank loans, educational scholarships, livestock assistance and High Support Needs support. Representatives from the DDAWO, Revenue Department, Social Security, Adi Dravidar and Tribal Welfare, Rural Development, TNSTC, Lead Banks and TN-RIGHTS participated to facilitate departmental coordination and follow-up. All 156 petitions were formally submitted to the DDAWO for verification and necessary action. The camp strengthened the grievance redressal process by providing persons with disabilities and their families with a coordinated platform to voice their concerns and seek access to their entitled welfare benefits.

Health & Rehabilitation Services

Student Health Screening – ARVI Trust Special School

ARVI Trust Special School welcomed Ms. Sanam and Ms. Priya from the Spastic Society, Chennai, for a student health screening initiative focused on identifying visual and hearing-related concerns. As



part of the programme, eye and hearing screenings were conducted for the students to identify those requiring further medical attention. Students needing additional eye care were supported with arrangements for comprehensive examinations at a nearby Aravind Eye Hospital. The visiting team also distributed essential kits and supportive materials to enhance the children's health and well-being. ARVI Trust sincerely acknowledges the Spastic Society, Chennai, for its valuable contribution and continued commitment to improving healthcare access and support for children with disabilities.

Specialised Eye Screening – Dindigul



ARVI Trust Special School, Dindigul, organised a specialised eye-screening programme in collaboration with the Spastic Society, Chennai, to promote early identification of visual health concerns among children with disabilities. The screening was conducted by Ms. Sanam and Ms. Priya, Physiotherapists, who assessed the children's visual health and identified those requiring further medical evaluation. The initiative also emphasised the importance of identifying associated needs, including hearing impairments, and ensuring appropriate follow-up care. The visiting team proposed facilitating referrals to specialised healthcare facilities, including Vasan Eye Care, for comprehensive examinations, further treatment and necessary medical support. This collaborative initiative strengthened efforts towards early detection, timely medical intervention and improved access to specialised healthcare services for children with disabilities.

Sports & Achievements



CM Sports 2026 – Theni

Students of ARVI Trust Special School brought pride to the institution through their outstanding performance at CM Sports 2026, held on 25 September 2026 at the District Collectorate Office Campus. The event featured various sporting competitions, including athletics, with participation from students representing several schools across the district. Representing ARVI Trust, Gajan Gautham secured First Place, while Gopi won Second Place in the running event after completing all four rounds with remarkable determination and sporting spirit. Both students were honoured with medals and certificates during the felicitation ceremony in the presence of Thiru Jeganatha Mishra, Cumbum MLA, who presented the awards. Their achievements reflect the importance of providing inclusive sporting opportunities and encouraging children with disabilities to discover their abilities, build confidence and excel in competitive events.

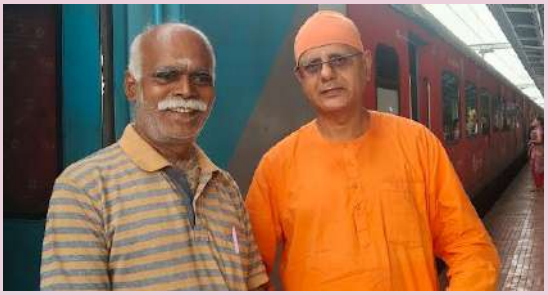


State Para Athletics Championship 2026 – Madurai

Gopi, a student of ARVI Trust Special School, Theni, brought pride to the institution through his remarkable performance at the 5th Tamil Nadu State Sub-Junior & Junior Para Athletes Championship 2026, organised by the Tamil Nadu Para Sports Association at M.G.R. Stadium, SDAT, Madurai, on 31 August and 1 September 2026. Competing in the athletics events, Gopi secured third place in the 400-metre race and second place in the 1,500-metre race, completing the latter in an impressive 6 minutes and 33.63 seconds. In recognition of his achievements, he received medals and certificates. His performance reflects his dedication, perseverance and sporting spirit, highlighting the importance of inclusive sports and opportunities for young athletes with disabilities

Spirituality & Volunteer Service

Swami Nirmaleshananda Ji..



A memorable and spiritually enriching meeting took place with Revered Swami Nirmaleshananda Ji at Dindigul, bringing back cherished memories of the 1995–2000 period, when Dr. A. Ramachandran had the opportunity to serve at Sri Ramakrishna Mission Vidyalaya, Coimbatore, under Swamiji's direct guidance and supervision. Those formative years offered valuable lessons in spirituality, discipline, service and personal development, which continue to inspire his work and commitment to society. Swamiji presently continues his dedicated service in spirituality, education and healthcare at Thirumukkudal Village, Kanchipuram District, spreading the timeless teachings and ideals of Sri Ramakrishna Paramahamsa, Swami Vivekananda and Holy Mother Sri Sarada Devi among communities in the region. The reunion was an occasion to revisit meaningful memories, express gratitude and receive the blessings and guidance of a respected spiritual mentor.

A Month of Selfless Service – Ms. Mandeep, Mumbai



ARVI Trust gratefully acknowledges Ms. Mandeep from Mumbai for her dedicated one-month volunteering service at the organisation. As a practitioner of yoga and meditation, she conducted simple yoga-based therapeutic sessions and engaging activities for children with disabilities, encouraging relaxation, physical well-being and active participation. Beyond the sessions, she actively contributed to centre-cleaning activities and shared valuable natural health and wellness practices with the staff team. Her patience, kindness and willingness to participate in everyday activities created a positive and welcoming environment for the children and staff. Her contribution reflects the meaningful impact of volunteer engagement in strengthening community-based rehabilitation and holistic care.

Vignesh: Van Driver cum Multi-Purpose Worker

Every day, I make two trips covering around 120 km to reach remote villages. I transport children and adults with disabilities to schools and therapy centres. I support home visits along with therapists and teachers. I help deliver assistive devices and learning materials to families. I also assist families with information and follow-ups. Additionally, I support community awareness programmes and village activities.





Ladshiya Sri: TN Rights Physiotherapist, Chinamanur Urban

I started the programme by meeting families and assessing the needs of each person with disabilities. Individual goals were set based on their needs and abilities. Regular therapy sessions are now being provided, focusing on movement, strength, balance and posture. I also train caregivers to continue simple exercises at home, conduct follow-up visits to monitor progress, and guide families on mobility, positioning and assistive devices.

Gokila: School Staff, Livelihood Trainer

we focused on special education, vocational training and livelihood development. Teachers provided individual learning activities to improve communication, self-care, reading, writing and basic number skills. Students also learned practical vocational skills to prepare for future employment. Older students and families were guided towards income-generating activities and livelihood opportunities. Natham School focused on candle making, Saranalayam School on sanitary product preparation, and ARVI Special School, Dindigul, on art, craft and sanitary product preparation.



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